



# Family Internet Safety Gameplan™

*The following Gameplan establishes the online ground rules for our home. We will display this Gameplan and update it periodically as our children grow older.*

- 1. We will never give out personal information such as our last name, address or phone number.** We should also not give out the name of our school, our city, our siblings, our sports team or our parent's workplace.
- 2. We all agree to not give our passwords to anyone outside of our family.** We have all agreed upon user names to use while we are on the Internet. I will not change the settings for my computer or my password without my parent's permission.
- 3. We all agree to limit our online time so that it doesn't interfere with other activities.** We agree to follow the time limits that our family sets and not let the Internet take time away from homework, sports, face-to-face interactions or family time.
- 4. I will never meet an online friend in person.** Just as I stay away from strangers on the street, I will be careful about strangers on the Internet. If anyone ever asks to meet with me off line, I will notify my parents immediately.
- 5. I will tell my mom or dad right away if I come across something that makes me feel uncomfortable.** If anyone uses bad language or mentions things that make me uncomfortable, I will immediately log off and tell my parents.
- 6. I will not remain on or click on a page that says, "For Over 18 Years Only."** If this happens, I will log off and I will let my parents know. I understand that I'm only a click away from bad sites and that these pages are definitely not for kids.
- 7. I will only download pictures and files with my parent's permission.** Some of these files may contain inappropriate pictures or dangerous viruses that could mess up our computer.
- 8. I will not send pictures of my family or myself to anyone online.** The only way that I am allowed to do this is if my parents say it is all right.
- 9. I will be safe everywhere.** I will follow the same Internet safety rules at my friends' houses, at school and at the library that I do while I'm at home.
- 10. I understand that nothing is private on the Internet.** I agree that my mom or dad can read my mail or check the sites that I have been visiting — not because they don't trust me but because they just want to make sure that I am safe.

We agree to the above InternetSafety.com Gameplan:

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Child's Signature

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Parent's Signature